



Habitat Services is currently looking for a Registered Dietitian to complete a **Meal Provision Package** for use in Habitat-funded homes. This one-time project will provide a resource for Habitat Services and the homes we fund. The project must be concluded by **February 28th, 2014**. The Meal Provision Package will include:

- 8 week rotation of seasonal menus (One 4-week rotation for spring/summer, and one 4-week rotation for fall/winter) that are diabetes friendly and follow the Canada Food Guide's recommended daily intake (menus should also include a vegetarian option that can be rotated and used if required. Menus can also repeat some meals throughout the 8 week rotation but should still have variety)
- Customized Menus: A 4 week rotation of menus that is specific to the Chinese and Vietnamese cultures and cuisines (as well as diabetes friendly and following the Canada Food Guide's recommended daily intake)
- Snack table food list including beverages (Recommended healthy options for snacks)
- Recipes for all meals listed on the 8 week menu rotation (A recipe reference book for the menus)
- Shopping lists for each weekly menu (prepared for serving 10 people as a sample)

The above should also include the following:

- Menus will include daily meals for Breakfast, Lunch, and Dinner, as well as an evening snack option (A total of 168 meals and 56 evening snack options)(plus 84 meals customized for the Chinese and Vietnamese cuisines)
- Menus will also include a snack table food list (which is available from 9am to 5pm)
- Menus will take into account the diverse population we serve, who are consumer/survivors of the mental health system, may be taking psychiatric medications, and may have other health issues
- Menus/meals should be budget conscious and shopping lists should include estimated costs for the meals

Dietitians may use their own pre-existing recipes/meals if they meet all of the above criteria. The successful candidate will review existing menus already in use to incorporate into the Meal Provision Package where appropriate. The successful candidate must be available for 2 project meetings at the Habitat office. The final product will be a "Meal Provision Package" produced in a binder for duplication and use in Habitat-funded homes.

Please send a letter of interest with a resume and a project budget attached. **Project budget MUST not exceed \$4,500.** Letters of Interest are to be directed to Chris Persaud at Habitat Services: via **email** to cpersaud@habitatservices.org OR via **FAX** to **1-416-537-2894**. Deadline for applications is 12 noon on **November 22nd, 2013**.